

# Richmond Canoe Club

## Hasler Marathon 2013

**Date** Sunday 11<sup>th</sup> August 2013  
**Venue** Ham Street Car Park, Richmond upon Thames, TW10 7RS

<b>Courses</b>	Div 1,2 K2, 3 K1, 3-4 K2	12.1 miles	3 portages
	Div 4 K1, 5 K1/K2, 6 K1/K2	8.6 miles	2 portages
	Div 7,8,9 K1/K2	4.0 miles	no portages
	Lightning	2.0 miles	no portages

**Race Order** 09:00 Check in opens  
09:30 Briefing for Lightning races  
10:00 Lightning races (prize giving shortly afterwards)  
10:30 Briefing for Division 7-9 races  
11:00 Division 7-9 starts at approx. 2-minute intervals  
11:30 Briefing for Division 1-6 races  
12:00 Division 1-6 starts at approx. 2-minute intervals  
14:30 Prize giving for Divisional races

**Fees** Seniors £7 per seat  
Juniors (under 18) £5 per seat  
Lightning Races £5 per seat

**Late entries received after 5pm on Thursday 8<sup>th</sup> August 2013 will be subject to an additional late entry fee of £5.**

BCU day tickets for non BCU members will incur an extra charge of £2.50 (divisions 7-9 only, all other classes require full BCU membership).

Juniors must be aged under 18 on 1<sup>st</sup> January 2013  
Veterans must be aged over 35 on 1<sup>st</sup> January 2013

BCU cards must be produced when checking in, for both pre-entries and late entries. Failure to provide a current BCU card or photocopy means you will not be allowed to race.

Cheques should be made payable to "Richmond Canoe Club"

**Entries** Please e-mail entries to [marathon@richmondcanoecub.com](mailto:marathon@richmondcanoecub.com). For multiple entries please send in HRM format (one submission per club).

Please make sure that you indicate clearly the category you are competing (e.g. Div 6 K2) in as well as the paddler(s) ranking.

**Results** Provisional results will be published live to the Richmond Canoe Club website ([www.richmondcanoecub.com](http://www.richmondcanoecub.com)) in a mobile-friendly format. Finalised results will be published on the club website and the Marathon Canoeing site within 7 days after the race.

**Directions** Easy access from M4 J2 and M3/A316, following signs for Richmond. Proceed through Richmond town centre, following signs for Kingston. After passing through Petersham village, follow brown signs for Ham House to car park or white signs for CANOE RACE.

For Satnav use post code TW10 7RS. This will take you to the Ham House stables; carry straight on for the parking area.

**Parking** Ample parking will be available on the Ham Riverside Pitches, adjacent to the Ham Street Car Park. Access is controlled by lockable barriers, which will be locked at 16:00 so all cars must have vacated the area by this time. Please do not park in the main car park, as this is for use by visitors to Ham House.

**Food & Drink** Competitors' food will be provided at the conclusion of the race. Additional food/refreshments will be available to purchase.

**Toilets/  
showers** Portaloos will be available on site but there will be no showers. Competitors may use the facilities at the clubhouse, which is a 15 minute walk from the race site.

## **PROVISIONAL COURSES**

### **Divisions 1-3      12.1 miles, 3 portages**

1. Start opposite Ham Street car park
2. Proceed upstream to Teddington Lock and portage over rollers
3. Continue upstream to Hampton Court Bridge and turn anticlockwise
4. Portage beach on river right downstream of bridge (Albany Reach), before Kingston Grammar School boat house
5. Continue downstream back over Teddington lock rollers and finish at Ham Street Car Park

### **Division 4-6      8.6 miles, 2 portages**

1. Start opposite Ham Street car park
2. Proceed upstream to Teddington Lock and portage over rollers
3. Continue upstream to Raven's Ait and turn anticlockwise around island
4. Continue downstream back over Teddington lock rollers and finish at Ham Street Car Park

**Division 7-9            4.0 miles, no portages**

1. Start opposite Ham Street car park
2. Proceed upstream to Teddington Barge Lock (traffic lights), turn around buoy anti-clockwise
3. Proceed downstream to Glover's Island
4. Turn anti-clockwise around island, continue back upstream and finish at Ham Street Car Park

**Lightning            2 miles, no portages**

1. Start adjacent to Ham Street car park
2. Proceed upstream along RHS channel and turn anticlockwise at end of Eel Pie Island
3. Proceed downstream, past start and turn anticlockwise at River Lane (just before Glovers Island)
4. Finish at Ham Street Car Park

**RACE NOTES**

This event will be run under the Marathon Racing Rules, as per the 2013 Handbook.

**Number Boards**    Vertical number plates must be used, with numbers visible from both sides

**Buoyancy Aids**    Compulsory for all paddlers ranked in Division 7, 8 and 9 irrespective of the class entered. This applies across age categories and in singles and doubles.

All competitors in the Lightning races must wear buoyancy aids.

All juniors must wear buoyancy aids with the exception of paddlers ranked in Division 6 and above where the paddler's Team Leader has agreed that a buoyancy aid need not be worn.

*Where this is the case the team leader must supply a list of names to the check in desk of juniors that they consider need not wear buoyancy aids. Juniors who attempt to start without a buoyancy aid and who have not been exempted by their team leader will be immediately disqualified.*

Team leaders should decide if other paddlers should wear them according to prevailing conditions.

The race organisers may request that all or some paddlers in addition to the above may need to wear buoyancy aids, the race organisers' decision is final.

**Team leaders must also bring to the race organisers' attention any competitors that are known to suffer with medical conditions that could adversely affect their safety. The race organizer will then decide what if any extra control measures to put in place to ensure the safety of these competitors.**

**Boat Buoyancy** Competitors must render their boats sufficiently buoyant to remain afloat and support the crew in rough water in the event of a capsize.

Boats may be inspected by Marshalls for adequate buoyancy. Any boat that is clearly not compliant will not be allowed on the water.

**Retirements** All competitors who fail to finish must report to a Marshal and inform them of their boat number and the fact that they have retired.

**Briefing** All competitors should attend the race briefing on the day, where up to date course information, hazards and obstructions will be made available, in addition to reading this briefing document.

## **IMPORTANT SAFETY NOTES**

**The race organizers reserve the right to CANCEL the event up to and including on the day in the case of incident, emergency or conditions. We will do our best to notify team leaders but please check the website for the latest information.**

**Should circumstances require the ABANDONMENT of the race whilst in progress, the following procedure will apply and will be strictly adhered to:**

**Crews on hearing continuous short blasts on air horns and/or seeing marshals waving red flags will immediately STOP. They will wait to be instructed on how and where to proceed by a marshal. Crews must be aware that other crews may not have heard or seen the warnings, and must pass on instructions received to any such crew who they see still racing.**

**Depending on crews' locations, whether or not the Race has started and the number of crews still being marshalled, they may be asked to either paddle to a specified get-out point, or turn towards one of the banks and await further instructions.**

**Competitors should be aware that the River Thames can be busy with pleasure cruisers, rowers and other craft. Competitors must be mindful of these and other hazards. Competitors must follow all instructions given by Port of London Authority crew, Thames Lock Keepers, Environment Agency Officials and Race Marshals.**

**Below Teddington Lock the river is semi-tidal and experiences two tides a day. As a consequence this may make portages and banks slippery. Care should be taken while getting in and out and if running with the boat. High water is expected at 06:29 BST and low water at 14:06 BST on the day of the race.**

**Competitors must provide support to any other paddler in distress and should attempt to raise the attention of one of the safety boats or Marshals along the course.**

**The Tidal Thames can experience sudden increases in pollution, especially after heavy rainfall. Any paddler who feels ill after the race should draw this to the attention of their medical practitioner.**

**Canoeing and Kayaking in all its forms is an 'Assumed Risk – Water Contact' sport. The organisers have done their very best to provide a safe racing environment, but competitors are reminded of their duty of care to themselves and all other competitors. Safety is a shared responsibility.**