



HASLER FINAL 2014 - RACE PROGRAMME

Hosted by Richmond Canoe Club on behalf of the British Canoe Union



With thanks to our sponsors



STRAND CHAMBERS
BARRISTERS
LONDON

General Information

This event will be run under the Marathon Racing Rules, as per the 2014 Racing Handbook.

A copy of this programme and further updates will be posted to the event web site

<http://richmondcanoeclub.com/haslerfinal>.

Date Sunday 12th October 2014

Venue Ham Riverside, Ham Street, Richmond upon Thames, TW10 7RS

Courses	Div 1,2,3 K1, K2	21.7 km	3 portages
	Div 4,5,6 K1, K2	13.1 km	2 portages
	Div 7,8,9 K1, K2	7.0 km	0 portages
	Lightning U10, U12	3.5 km	0 portages

Timings **Saturday**

18:00-20:00 Check in open for Team Leaders at RCC

Sunday

07:30	Check in opens for Team Leaders at Race Desk
09:00	Briefing for Lightning and Div 4-6 races
10:00	Lightning and Division 4-6 starts at approx. 2-minute intervals
11:30	Briefing for Division 1-3 and 7-9 races
12:30	Division 1-3 and 7-9 starts at approx. 2-minute intervals
15:30	Prize giving ceremony

Fees	Seniors	£9 per seat
	Juniors (under 18 on 01/01/2014)	£6 per seat
	Lightning Races	£3 per seat

Entries

Club Entries

Entries must be submitted to your Regional Marathon Adviser by **15th September 2014**. Entries must be in electronic format, compiled using HRM version 10.1 (<http://www.dwtwo.co.uk/Brian.html>) or using the entries spreadsheet from <http://richmondcanoecub.com/haslerfinal/resources>, where HRM use is not possible.

Along with the entries list, team leaders must submit a completed Qualifying Events spreadsheet with details of three *completed* races for all Hasler divisional entries, as per Rule 36 of the marathon rules.

All paddlers must hold current comprehensive current BCU/CSA/WCA/CANI membership or youth membership of an affiliated club. Proof of this membership must also be submitted to the Regional Marathon Adviser along with the entries, where the rankings list does not indicate a current valid membership on the day of the race.

For any paddlers without BCU numbers or expiry dates in the latest rankings list, or where the rankings list indicates that a card will have expired before the race date, you must supply scans or photographs of the new BCU cards as proof of current membership.

All documentation including entries and BCU cards should be sent to your Regional Marathon Adviser. If you have a large number of BCU cards to send then you are recommended to create a shared folder using a public file sharing service such as Google Drive and include the URL to the folder on the web, instead of including the files as email attachments, which may cause the email to become too big to send.

In addition to the entries documentation to be sent to RMAs, Team Leaders are required to sign to indicate their understanding the safety information and policies using the team leaders declaration form supplied in Appendix F, which can then be sent to marathon@richmondcanoecub.com or via post to the payment address (see below).

For enquiries please contact marathon@richmondcanoecub.com.

Regional Entries

Regional Marathon Advisers are responsible for checking the entries supplied by clubs and ensuring the correctness of the three completed races for each paddler as per Rule 36 of the marathon rules.

*Please note, following a change adopted by the MRC for 2014 only completed races can now be counted i.e. races in which the paddler has retired do **not** count.*

We kindly request that Regional Advisers check that proof of BCU membership has been submitted where required, and that the *BCU Number* and *Expiry* fields in the entries are updated with the new details.

Regional Advisers must submit all checked entries to marathon@richmondcanoeclub.com to arrive by **25th September 2014**.

Payment

Payment must be made by Team Leaders direct to Richmond Canoe Club to be received by **25th September**.

A copy of the **payment advice form** must be completed for each payment sent, detailing all crews that are being paid for.

Payment may be provided by cheque made payable to Richmond Canoe Club or direct bank account transfer using the reference 'HFENTRY' and your club name, to the following account.

Account name	Richmond Canoe Club
Account no.	73483398
Sort Code	20-90-56

Please post cheques to the following address

Sharon Gunn,
18 Vicarage Rd,
East Sheen,
London SW14 8RU

The completed payment advice form must be emailed to marathon@richmondcanoeclub.com or sent by post to the above address.

A late charge of £1 per person may be applied to payments not received by the payment deadline. This is not applicable to Lightning entries.

Late entries

For Hasler Divisional races, no late entries are possible but modifications after the deadlines above are permitted for scratches and swaps between singles and doubles of previously-entered crew members, e.g. in the event of illness or unavailability of one member of a K2 crew.

Lightning changes and additional entries are possible up to two hours before the races according to the following conditions.

Late entries and changes must be requested by Team Leaders only via direct email to marathon@richmondcanoeclub.com or at the team leaders' check-in, but please note -

The deadline for all late entries and modifications are the Friday before the event for email, or two hours before the races if made at team leaders' check-in on the day before or the day of the race. Payment for late entries in the Lightning class is required at the latest 2 hours before the races.

Checking In

Checking in must be completed by team leaders only, and can be done either on the evening of 11th October from 6-8pm at Richmond Canoe Club or on the day on site at the Racing Desk (see site map) from 7.30am.

Parking is limited at Richmond Canoe Club but on-street parking is available on nearby Nightingale Lane (near the Petersham Hotel) from 6.30pm.

In order to check in team leaders must have provided the following

1. Proof of BCU membership for all paddlers, except where their BCU number and expiry date as given by the latest marathon rankings list indicates that their membership is current on the day of the race
2. Full payment for all paddlers from their club, with completed payment advice form(s)
3. A signed copy of the team leaders declaration form provided in Appendix F

When all required items have been provided team leaders will be supplied with a pack of number boards for their crews, which they are then responsible for allocating correctly to their paddlers and returning afterwards.

Visiting

Food and Drink

A selection of hot food including burgers and bacon rolls, snacks and hot and cold drinks will be available for purchase throughout the day from 7.30am.

Competitors' food will be available from the catering tent after the race on production of a valid number board.

Camping

Camping places have been booked by Richmond Canoe Club for the night of 11th October 2014 at the nearby Thames Young Mariners site and are available to attendees of the Hasler Final 2014 on a first-come first-served basis.

Facilities are available from 5pm on Saturday and must be vacated by 9.30am on Sunday.

Thames Young Mariners has a large camping area with toilets, showers, changing room and an outdoor, sheltered washing up area.

Camping is charged on a per person basis

- £6.95 per person if booking received by Friday 12th September
- £7.95 per person if booking received after Friday 12th September

All bookings must be made using the form in Appendix D and must be received by **Friday 26th September**.

Payment

Please send payment by cheque payable to 'Richmond Canoe Club' with the completed form by post to

Sharon Gunn,
18 Vicarage Rd,
East Sheen,
London SW14 8RU

Alternatively payment can be sent by bank transfer using the reference 'HFCAMPING' and your name. If paying in this manner please also send an email to marathon@richmondcanoeclub.com with the completed form attached or send separately by post to arrive by the deadlines above.

Account name	Richmond Canoe Club
Account no.	73483398
Sort Code	20-90-56

No camping is permitted on the race site or the Ham Riverside pitches.

Getting There

From the **North**, use M1 to J1 and continue West onto North Circular Road. At Chiswick Roundabout follow signs for South Circular Road then local signs for Richmond.

From the **West** leave M4 at J2 or use M3/A316, following signs for Richmond.

After arriving in Richmond proceed through town centre, following signs for Kingston. After passing through Petersham village, follow brown signs for Ham House to car park or white signs for CANOE RACE.

From the **South**, use A3 to Kingston. Then, proceed through town centre following directions to Richmond. After passing past Ham common, follow brown signs for Ham House to car park or white signs for CANOE RACE.

For Satnav use post code **TW10 7RS**. This will take you to the Ham House stables; carry straight on for the race parking.

Parking

Ample parking will be available on the Ham Riverside Pitches, adjacent to the Ham Street Car Park.

The cost of parking will be £2 per vehicle.

Access is controlled by bollards, which will be locked at 17:00 so all cars must have vacated the area by this time. Please do not park in the main riverside car park, as this is reserved for visitors to Ham House.

Site Facilities

Portaloos will be available on site but there are no showers. Competitors may use the facilities at the clubhouse, which is a 15 minute walk from the race site.

Races

Number Boards

Official race number boards will be provided to team leaders and must be used.

Boat Checking and Boat Park

A Boat Check area will be located at the lower end of the car parking area on the Ham Riverside pitches (see Site Map in Appendix B).

All crews must pass through the Boat Check with their boat and race number board before getting on the water.

Crews should present boats for checking at least an hour before their race starts, however those taking part in the B starts in the afternoon are requested to wait until the A races have started.

At the boat check boats will be inspected for adequate buoyancy, structural integrity and for the correct type of craft, as defined by Rule 5 of the marathon rules. Any boats not meeting the requirements laid down there will not be permitted on the water.

After completing the boat check, crews must pass through with their boat to the Boat Park area on the riverside, where boats must then remain until getting on the water.

Boats may not be laid down on the riverside area anywhere other than in the designated areas within the Boat Park. Marshals will be present to direct crews to place their boats in an appropriate area and crews must obey any instruction given by them.

Marshals may inspect boats at any time before, during or after the race to ensure compliance with these safety rules. The maximum penalty for breaches is disqualification (Rule 6 c(ii)).

Briefing

Competitor Briefings will take place one hour before the start of the relevant races.

All competitors must attend the briefing on the day, where up to date course information, hazards and obstructions will be made available, in addition to or in place of the information in the race programme.

Getting on the Water

Floating pontoons will be provided for getting on the water before the races and for getting off afterwards. The pontoons will be directly accessible from the boat park area.

Crews must obey the instructions of marshals at all times when getting on or getting off the water.

Start Order

Starts will commence approximately every two minutes from the first start in each set of races. The start order will be as per the recommendations in the racing handbook.

'A' Races		'B' Races	
Division 4 K2	10:00	Division 1 K2	12:30
Division 5 K2	10:02	Division 2 K2	12:32
Division 4 K1	10:04	Division 1 K1	12:34
Division 6 K2	10:06	Division 3 K2	12:36
Division 5 K1	10:08	Division 2 K1	12:38
Division 6 K1	10:10	Division 3 K1	12:40
Lightning U12M	10:12	Division 7 K2	12:42
Lightning U12F	10:14	Division 8 K2	12:44
Lightning U10M	10:16	Division 7 K1	12:46
Lightning U10F	10:18	Division 9 K2	12:48
		Division 8 K1	12:50
		Division 9 K1	12:52

Buoyancy aids

Buoyancy aids are compulsory for all paddlers ranked in Division 7, 8 and 9 irrespective of the class entered. This applies across age categories and in singles and doubles.

All competitors in the Lightning races must wear buoyancy aids.

We recommend that all juniors wear buoyancy aids. It is the responsibility of team leaders to enforce this but they may at their discretion allow suitably able paddlers in Divisions 1-6 to be exempted from this rule. There is no requirement to inform the Race Desk of such exemptions but team leaders must immediately inform us of any of their crews not wearing buoyancy aids who they believe should be.

In the event of significant river flow on the day it may be required that other groups wear buoyancy aids whilst on the water, e.g. all juniors, all Div 4-6 paddlers or all crews.

It is the responsibility of Team Leaders to determine which of their paddlers should wear buoyancy aids based on these safety rules, on paddlers' abilities and according to conditions on the day, and to ensure that this is carried out.

Team leaders must also bring to the race organisers' attention any competitors that are known to suffer with medical conditions that could adversely affect their safety. The race organizer will then decide what if any extra control measures to put in place to ensure the safety of these competitors.

Team leaders will be required to sign to indicate their understanding of this policy on the team leaders declaration form supplied in Appendix F.

Retirements

All competitors who fail to finish must report to a Marshal and inform them of their boat number and the fact that they have retired.

Club Colours

Only crews wearing correct club colours will score points towards the club trophies.

Provisional Courses

Provisional Courses are identical to the Richmond Hasler 2014. However we reserve the right to make changes before or on the day should conditions require us to do so.

Spectators

The race starts are visible from the Prizegiving/Briefing area shown on the Site Map in Appendix B and is located a short walk downstream from the race site (towards Richmond) opposite Marble Hill House (white villa) on the opposite bank.

Finishes will be across the river from the race site and can be viewed from the riverside area just downstream of the Boat Park.

The portage at Teddington can be viewed from above the lock on the towpath and is a 20-minute walk upstream from the race site.

The Div 1-3 portage at Albany Reach has good visibility along its length but is a 30-minute drive from the race site. Parking is available on Aragon Avenue (please park considerately) or in the Hampton Court Station car park a 10 minute walk away.

Course Descriptions

See Appendix C for full course maps.

Divisions 1-3 21.7 km, 3 portages

1. START upstream, opposite Marble Hill House
2. Proceed 2.4 km to Teddington Lock and portage over rollers
3. Proceed 6.7 km to below Hampton Court Bridge and portage on the left hand bank beach just above the rowing clubs (approx. 200m portage)
4. Return back downstream (do **not** continue up to bridge) and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Turn anti-clockwise around buoy, continue back upstream
7. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Division 4-6 13.1 km, 2 portages

1. START upstream, opposite Marble Hill House
2. Proceed 2.4 km to Teddington Lock and portage over rollers
3. Proceed 2.5 km to Kingston and turn anti-clockwise around buoy before railway bridge
4. Return back downstream and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Turn anti-clockwise around buoy, continue back upstream
7. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Division 7-9 7.0 km, no portages

1. START upstream, opposite Marble Hill House
2. Proceed 1.8 km to the PLA boundary marker just below Teddington Lock, and turn around buoy anti-clockwise
3. Continue downstream past the start to just above Richmond Bridge
4. Turn anti-clockwise around buoy, continue back upstream
5. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Lightning 3.5 km, no portages

1. START upstream, opposite Marble Hill House
2. Proceed 800m upstream past Eel Pie Island using the right hand channel and turn anticlockwise around the top of Eel Pie Island
3. Proceed downstream, past the start line and turn anticlockwise around a buoy at River Lane (before Glover's Island)
4. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Results

Provisional results will be published live to the club website at <http://richmondcanoeclub.com/haslerfinal> on the day in a mobile-accessible format. Final results will be published on the club website and the Marathon Canoeing site within 7 days following the race.

Printed results will be available at the Race Desk (see site map in Appendix B) as soon as practically possible.

Supporters

The rollers at Teddington lock are not accessible to supporters – please use the tow path along the cut upstream of the lock. Supporters are welcome at Albany Park but please park considerately if using nearby roads, or use the station car park.

Thanks

We are grateful to the following organisations for their help and assistance with the event

Port of London Authority
Environment Agency
Richmond Borough Council
Elmbridge Borough Council
Twickenham Yacht Club

Appendix A – Important Safety Notes

The race organizers reserve the right to CANCEL the event up to and including on the day in the case of incident, emergency or conditions. We will do our best to notify team leaders but please check the website for the latest information.

Should circumstances require the ABANDONMENT of the race whilst in progress, the following procedure will apply and will be strictly adhered to:

Crews on hearing continuous short blasts on air horns and/or seeing marshals waving red flags will immediately STOP. They will wait to be instructed on how and where to proceed by a marshal. Crews must be aware that other crews may not have heard or seen the warnings, and must pass on instructions received to any such crew who they see still racing.

Depending on crews' locations, whether or not the Race has started and the number of crews still being marshalled, they may be asked to either paddle to a specified get-out point, or turn towards one of the banks and await further instructions.

Competitors should be aware that the River Thames can be busy with pleasure cruisers, rowers and other craft. Competitors must be mindful of these and other hazards. Competitors must follow all instructions given by Port of London Authority crew, Thames Lock Keepers, Environment Agency Officials and Race Marshals.

Between Teddington Lock and Richmond Lock the river is semi-tidal and experiences two tides a day. As a consequence this may make portages and banks slippery. Care should be taken while getting in and out and if running with the boat. High water is expected at 06:01/18:07 BST and low water at 14:01 BST on the day of the race.

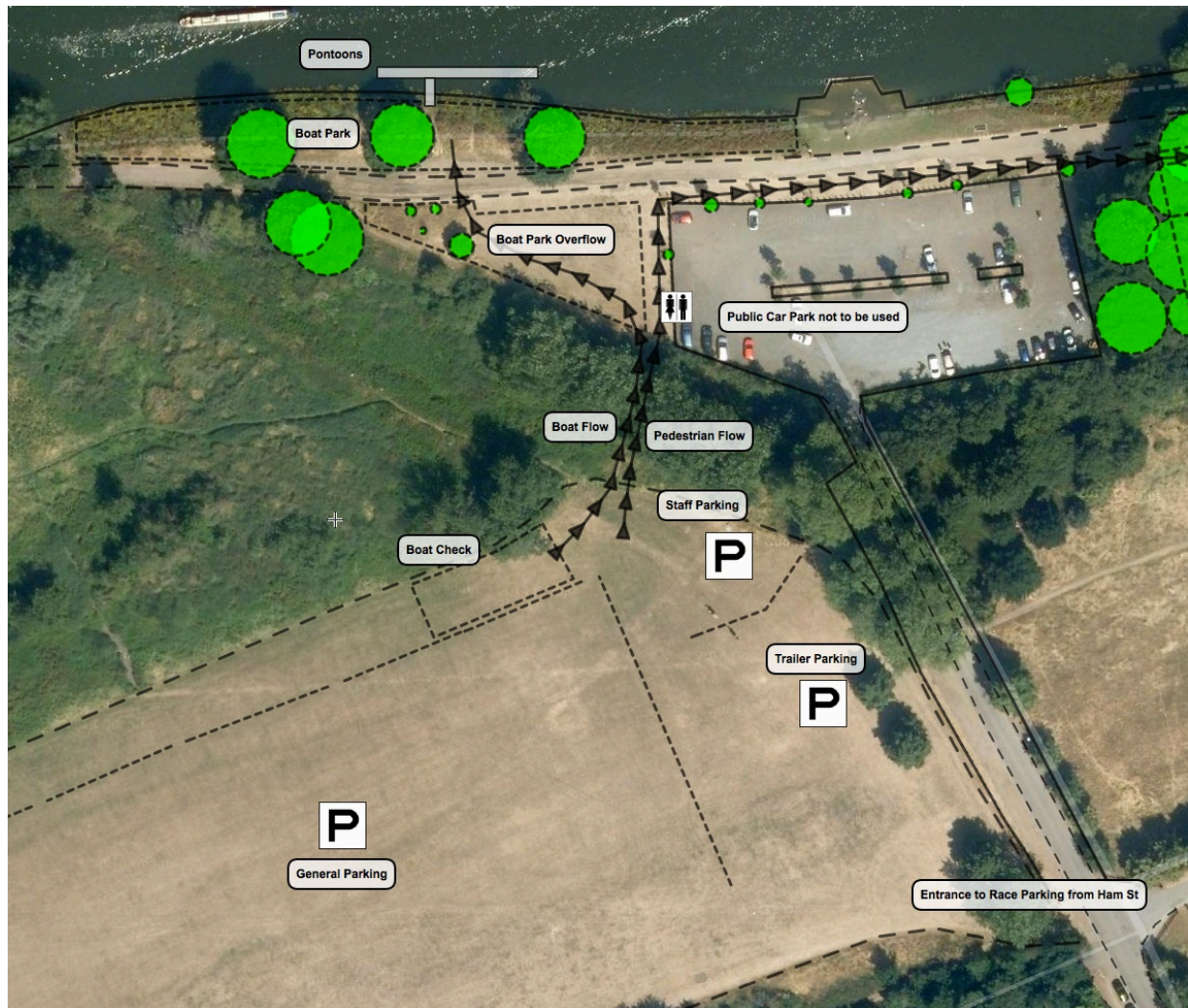
Competitors must provide support to any other paddler in distress (Marathon Rule 5) and should attempt to raise the attention of one of the safety boats or Marshals along the course.

The Tidal Thames can experience sudden increases in pollution, especially after heavy rainfall. Any paddler who feels ill after the race should draw this to the attention of their medical practitioner.

Canoeing and Kayaking in all its forms is an 'Assumed Risk – Water Contact' sport. The organisers have done their very best to provide a safe racing environment, but competitors are reminded of their duty of care to themselves and all other competitors. Safety is a shared responsibility.

<p>To report any emergencies on the day please telephone 07977 039 657. Please do not use this for any other purposes.</p>

Appendix B – Site Plans



Parking and Boat Park



Riverside Main Site

Appendix C – Course Maps

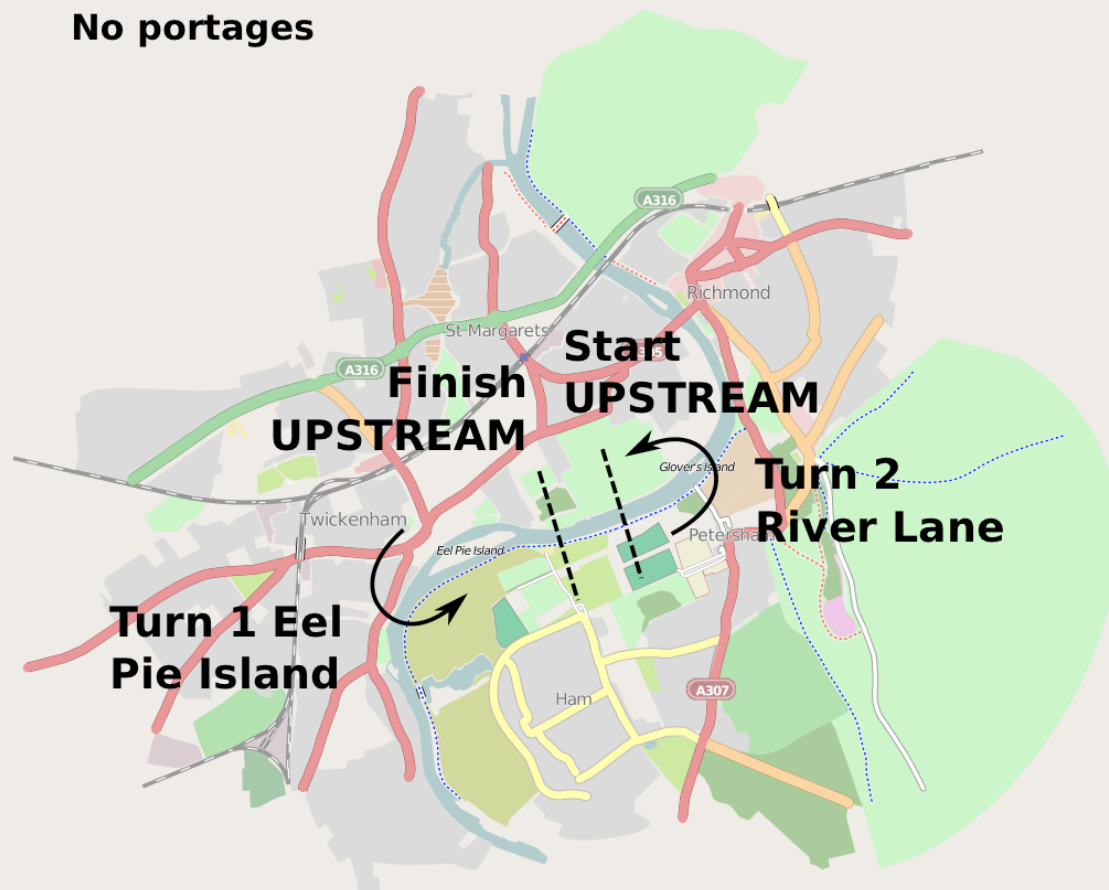
Course maps for the Divisional and Lightning races are provided on the following pages

Divisions 7-9
7.0 km
No portages

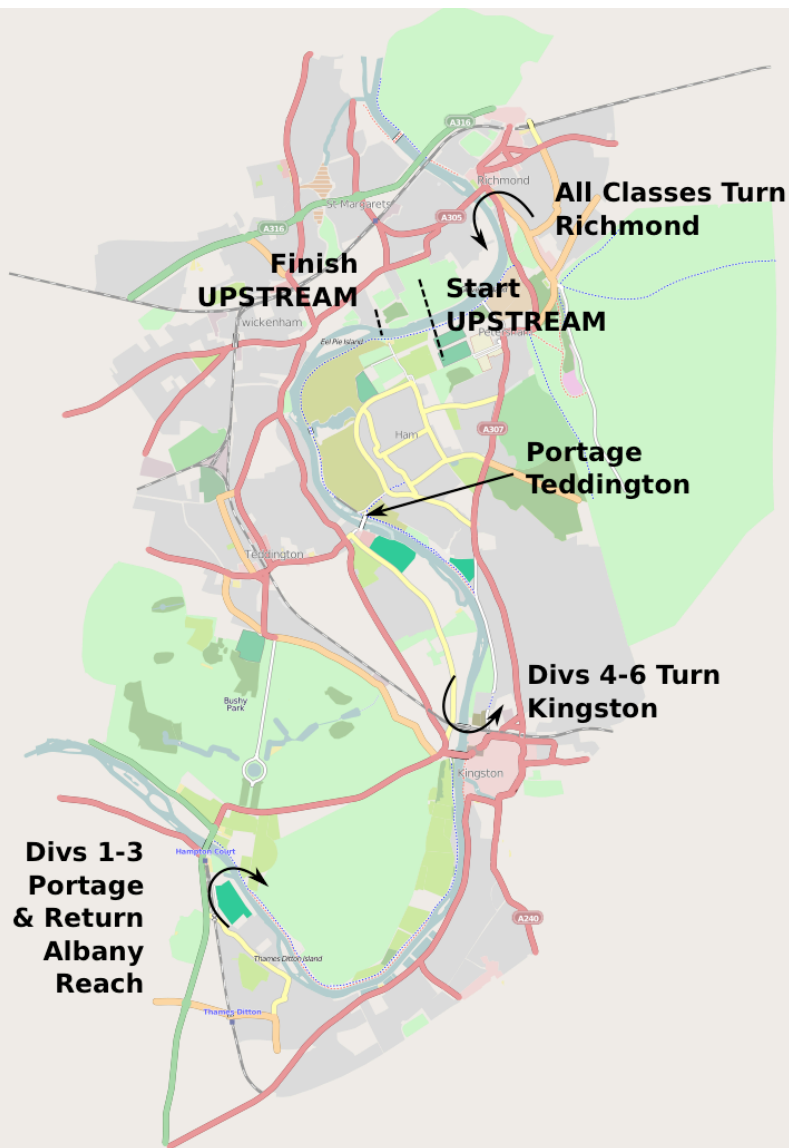


1. START upstream, opposite Marble Hill House
2. Proceed 1.8 km to the PLA boundary marker just below Teddington Lock, and turn around buoy anti-clockwise
3. Continue downstream past the start to just above Richmond Bridge
4. Turn anti-clockwise around buoy, continue back upstream
5. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Lightning races
3.5 km
No portages



1. START upstream, opposite Marble Hill House
2. Proceed 800m upstream past Eel Pie Island using the right hand channel and turn anticlockwise around the top of Eel Pie Island
3. Proceed downstream, past the start line and turn anticlockwise around a buoy at River Lane (before Glover's Island)
4. FINISH on right hand side of the river at Sailing Club just above the main Car Park (opposite Car Park)



Divisions 1-3

21.7 km

3 portages

1. START upstream, opposite Marble Hill House
2. Proceed 2.4 km to Teddington Lock and portage over rollers
3. Proceed 6.7 km to below Hampton Court Bridge and portage on the left hand bank beach just above the rowing clubs (approx. 200m portage)
4. Return back downstream (do not continue up to bridge) and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Turn anti-clockwise around buoy, continue back upstream
7. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Divisions 4-6

13.1 km

2 portages

1. START upstream, opposite Marble Hill House
2. Proceed 2.4 km to Teddington Lock and portage over rollers
3. Proceed 2.5 km to Kingston and turn anti-clockwise around buoy before railway bridge
4. Return back downstream and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Turn anti-clockwise around buoy, continue back upstream
7. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Appendix D – Camping Form

Please detach the form on the following page and send with payment to apply for places. Places are limited and will be allocated on a first-come first-served basis.

Hasler Final 2014 Camping Form

Your Details

Name

Position in Club

**Contact Details
(email, tel.)**

Camper Details

Please supply details of all of those who will be camping on site, including yourself if attending. All bookings must include at least one Leader/Parent who will be responsible for the group whilst on site.

Please continue on a separate sheet if more space is required.

First name	Last Name	Club	Leader/Parent?

By signing below I agree that I have read and understood the conditions herein and that I agree to abide by the Thames Young Mariners site terms and conditions.

Signed

Date

Appendix E - Entry Forms

All entries must be submitted in electronic format.

Please visit <http://richmondcanoecub.com/haslerfinal/resources> to download the entries and completed races form.

Appendix F - Team Leader Declaration

By signing below I indicate that I have read and understood all information in the Race Programme in particular the **Safety Notes** in Appendix A and within the **Buoyancy Aids** and **Boat Checking** sections and that I agree to carry out all responsibilities required therein by me as a team leader and to communicate this information to crews.

I also certify that all crews are able to swim 50 metres in light clothing.

Medical Conditions Declaration

Please provide details of any paddlers with known medical conditions that may affect their safety on the water. If insufficient space then please continue on separate sheet.

Surname	First name	Division	Nature of Condition, Managed How?

Name of Club:

Your Name:

Tel. on the day:

Signed: **Date**

Your Details

Contact Details
(email, tel.)

Names of Paddlers

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