



**RICHMOND
CANOE CLUB**

Richmond Hasler Marathon 2017

London and South East Region Hasler Series Qualifying Event

Sunday 25th June 2017

Venue Ham Street Car Park, Richmond upon Thames, TW10 7RS

Courses	Div 1,2,3 K1, 2/3 K2	20.4 km	2 portages
	Div 4,5,6 K1/K2	13.2 km	2 portages
	Div 7,8,9 K1/K2	7.2 km	0 portages
	Lightning U10, U12	3.5 km	0 portages

Timings

09:00 Check in opens
09:45 Briefing for Division 4-6 and Lightning races
10:30 Division 4-6 and Lightning starts
12:00 Briefing for Division 1-3 and 7-9 races, followed by prize giving for Lightnings
12:30 Division 1-3 and 7-9 starts
15:00 Prize giving for Divisional races

Fees

Seniors	£9 per seat
Juniors (under 18 on 01/01/2017)	£7 per seat
Lightning Races	£5 per seat

Entries received after 7pm on Thursday 22nd June 2017 will be subject to an additional late entry fee of £5 (except for Lightning class). Entries received but with no payment will be subject to an additional £1 charge.

A fee of £5 will be charged for the loss of pre-printed number boards.

Entries Online entry via www.richmondcanoecub.com or team leaders may alternatively email HRM lists to marathon@richmondcanoecub.com.

A provisional entry list will be published on the Richmond Canoe Club website (www.richmondcanoecub.com) prior to the event to allow team leaders to check their entries.

Membership The entry system will check the latest marathon ranking list for current British Canoeing or club junior section membership and allows you to upload a picture of your card if your previous membership has expired. Note however that cards may still be requested when checking in.

For non-members (divisions 7-9 or first-time racers only, max one event per year) OR members unable to prove current membership on the day an Event Ticket may be purchased at an extra cost of £5 payable to British Canoeing. No extra charge for Lightning class.

Failure to provide proof of membership or purchase of an event ticket means you will not be allowed to race.

- Payment** The online entry system allows electronic payments to be made using a PayPal account or using your credit or debit card. Team leaders submitting entries via HRM are requested to make payment via bank transfer (sort code 20-90-56, account no. 73483398) or PayPal payment to marathon@richmondcanoe.club.
- Results** Provisional results will be published live to www.richmondcanoecub.com on the day in a mobile-accessible format. Final results will be published by the Marathon Racing Committee within 7 days following the race.
- Prizes** Prizes for the first three finishers in each quorate Hasler race and for first three finishers in each Lightning race
- Directions** Directions from Richmond: follow road signs along A307 to Petersham/Kingston then brown signs for Ham House to car park or white signs for CANOE RACE approx. 1.5 miles out of Richmond.
- For Satnav use post code TW10 7RS. This will take you to the Ham House stables; carry on a little further for the race parking on the left.
- Parking** Ample parking will be available on the Ham Riverside Pitches, adjacent to the Ham Street Car Park. Access is controlled by lockable barriers, which will be locked at 16:00 so all cars must have vacated the area by this time. Please do not park in the main car park, as this is for use by visitors to Ham House.
- Food & Drink** Competitors' food will be provided at the conclusion of the race. Additional food/refreshments will be available to purchase.
- Facilities** Portable toilets will be available on site but we regret there are no showers or changing facilities available. Competitors may use the facilities at the clubhouse, which is a 15 minute walk from the race site.
- If you require disabled parking please let us know in advance by email.

PROVISIONAL COURSES

Divisions 1-3 20.4 km, 2 portages

1. START opposite Marble Hill House, facing upstream
2. Proceed upstream 2.8 km to Teddington Lock and portage over rollers
3. Proceed 2.5 km to Kingston and turn anti-clockwise around buoy before railway bridge
4. Return back downstream and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Proceed back to the PLA boundary marker just below Teddington Lock, and turn around buoy anti-clockwise
7. Continue downstream past the start to just above Richmond Bridge
8. Turn anti-clockwise around buoy, continue back upstream
9. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Division 4-6**13.1 km, 2 portages**

1. START, opposite Marble Hill House, facing upstream
2. Proceed 2.4 km to Teddington Lock and portage over rollers
3. Proceed 2.5 km to Kingston and turn anti-clockwise around buoy before railway bridge
4. Return back downstream and portage back over Teddington Lock rollers
5. Continue downstream past the start to just above Richmond Bridge
6. Turn anti-clockwise around buoy, continue back upstream
7. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Division 7-9**7.0 km, no portages**

1. START opposite Marble Hill House, facing upstream
2. Proceed 1.8 km to the PLA boundary marker just below Teddington Lock, and turn around buoy anti-clockwise
3. Continue downstream past the start to just above Richmond Bridge
4. Turn anti-clockwise around buoy, continue back upstream
5. FINISH on right hand side of the river at Sailing Club just above the main Car Park

Lightning**3.5 km, no portages**

1. START opposite Marble Hill House, facing upstream
2. Proceed 800m upstream past Eel Pie Island using the right hand channel and turn anticlockwise around the top of Eel Pie Island
3. Proceed downstream, past the start line and turn anticlockwise around a buoy at River Lane (before Glover's Island)
4. FINISH on right hand side of the river at Sailing Club just above the main Car Park

RACE NOTES

This event will be run under the Marathon Racing Rules, as per the 2017 Handbook.

Number Boards London & South East region number boards will be supplied to all competitors and must be used.

Buoyancy Aids Compulsory for all paddlers ranked in Division 7, 8 and 9 irrespective of the class entered. This applies across age categories and in singles and doubles.

All competitors in the Lightning races must wear buoyancy aids.

All juniors must wear buoyancy aids with the exception of paddlers ranked in Division 6 and above where the paddler's Team Leader has agreed that a buoyancy aid need not be worn.

Where this is the case the team leader must supply a list of names to the check in desk of juniors that they consider need not wear buoyancy aids. Juniors who attempt to start without a buoyancy aid and who have not been exempted by their team leader will be immediately disqualified.

Team leaders should decide if other paddlers should wear them according to prevailing conditions.

The race organisers may request that all or some paddlers in addition to the above may need to wear buoyancy aids, the race organisers' decision is final.

Team leaders must also bring to the race organisers' attention any competitors that are known to suffer with medical conditions that could adversely affect their safety. The race organizer will then decide what if any extra control measures to put in place to ensure the safety of these competitors.

Boat Buoyancy

Competitors must render their boats sufficiently buoyant to remain afloat and support the crew in rough water in the event of a capsize.

Marshalls may inspect boats **at any time** for adequate buoyancy. The penalty for any non-compliant boat is disqualification of the crew.

Retirements

All competitors who fail to finish must report to a Marshal and inform them of their boat number and the fact that they have retired.

Briefing

All competitors must attend the race briefing on the day, where up to date course information, hazards and obstructions will be made available, in addition to reading this briefing document.

Supporters

The rollers at Teddington lock are not accessible to supporters – please use the lock cut above the lock to provide support or spectate.

Please park considerately on nearby roads. Support crews must adhere to all relevant local parking restrictions, notices and requests by police officers, Environment Agency officials and lock keepers and any breach of this rule may lead to disqualification of crews.

IMPORTANT SAFETY NOTES

The race organizers reserve the right to CANCEL the event up to and including on the day in the case of incident, emergency or conditions. We will do our best to notify team leaders but please check the website for the latest information.

Should circumstances require the ABANDONMENT of the race whilst in progress, the following procedure will apply and will be strictly adhered to:

Crews on hearing continuous short blasts on air horns and/or seeing marshals waving red flags will immediately STOP. They will wait to be instructed on how and where to proceed by a marshal. Crews must be aware that other crews may not have heard or seen the warnings, and must pass on instructions received to any such crew who they see still racing.

Depending on crews' locations, whether or not the Race has started and the number of crews still being marshalled, they may be asked to either paddle to a specified get-out point, or turn towards one of the banks and await further instructions.

Competitors should be aware that the River Thames can be busy with pleasure cruisers, rowers and other craft. Competitors must be mindful of these and other hazards. Competitors must follow all instructions given by Port of London Authority crew, Thames Lock Keepers, Environment Agency Officials and Race Marshals.

Below Teddington Lock the river is semi-tidal and experiences two tides a day. As a consequence this may make portages and banks slippery. Care should be taken while getting in and out and when carrying boats. High water is expected at 04:09/16:37 BST and low water at 11:51 BST on the day of the race.

Competitors must provide support to any other paddler in distress and should attempt to raise the attention of one of the safety boats or Marshals along the course.

The Tidal Thames can experience sudden increases in pollution, especially after heavy rainfall. Any paddler who feels ill after the race should draw this to the attention of their medical practitioner.

Canoeing and Kayaking in all its forms is an 'Assumed Risk – Water Contact' sport. The organisers have done their very best to provide a safe racing environment, but competitors are reminded of their duty of care to themselves and all other competitors. Safety is a shared responsibility.

Please use this telephone number to report any emergencies on the day – 07449 399 436. Please do not use this for any other purposes.