

ROYAL CANOE CLUB Regatta: Saturday 15th^h July 2006

VENUE	Royal Canoe Club Trowlock Way Teddington. Telephone number on the day - 020 8977 5254 (clubhouse payphone)
RACES	200M and 500M K1 Time Trials for all abilities 200M and 500M K1 Races in ability groups determined by time trial results 2000M Races in K1 - if time permits Lightnings very welcome. Points awarded for the Gran Prix Series.
TIMING	Checking in from 10.00 until 10.45 Team Leaders meeting at 10.45
	It is essential that all paddlers check in on time and be ready for the Time Trials that open the racing at 12.00 . We will try to run a timetable in which paddlers get a race every half hour.
ENTRIES	We would be grateful for entry details in advance by phone or E Mail, to make the task of data entry easier.
	Entries to Dave Kelly 13 Helgiford Gardens, Sunbury on Thames, Middx TW16 7NB e-mail <u>drckelly13@tesco.net</u>
	Tel: 01932 765242
	When entering please state your sprint class or ability group
ENTRY FEE	£4 covers all races and Thames competitor licence where required.

- **PLEASE** Have a number slot on your boat and a clean number plate.
- **CATERING** Refreshments will be available throughout the day

PLEASE ALLOW FOR KINGSTON TRAFFIC WHEN PLANNING YOUR JOURNEY